

17 Resources for Family and Friends Dementia Journey

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- 1) Financial – See attached handout “List of Financial Resources” to include three separate grants, long-term care insurance, two VA benefits, Medicaid, life insurance, etc.
- 2) Alzheimer’s Association (South Carolina, North Carolina and National)- www.alz.org
- 3) Caregiver Support Groups
- 4) Education: a) Teepa Snow, b) Alzheimer’s Association, c) Books d) Internet
- 5) Counseling
- 6) Medications
- 7) Exercise and Stress Relief
- 8) Ask for Help!
- 9) Regular Professional paid at Home help (i.e., Senior Helpers)
- 10) Respite
- 11) Elder Law Attorneys
- 12) Independent Living Facilities/Assisted Living Facilities/Skilled Nursing Facilities
- 13) Adult Day Care
- 14) Skilled Home Health
- 15) Inpatient Rehabilitation
- 16) Hospice
- 17) CAAA’s, Councils on Aging, VA Offices, Medicaid Offices, etc.

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